

Welcome

Welcome to the Reiki Second Degree (or Level II) course, which is the next step in your Reiki journey. Completion of this course takes you to a practitioner level, which increases your capacity to heal others, as well as utilise the energy of the Reiki symbols for your own benefit. Choosing to continue your Reiki journey with this course is an act of confirming that Reiki has some significance to you. It may be that you wish to increase your ability to become a healer, to assist others in their health or personal journey, or to further assist your own personal development. Whatever your reasons, this course will open you up to the deeper dimensions of being a Reiki healer.

In this course you will receive two further attunements that increase your capacity to be a channel for Reiki energy, especially through the use of the Reiki symbols. You will learn the three traditional Reiki symbols, explore their differing nature and experience how they feel. We will also discuss how they can be used for your own daily benefit and during the healing of others. In addition to further exploring the role of chakras, you will learn how to provide absent/distance healing to those who are not with you, as well as using your increased knowledge and healing ability to provide a full body healing to another. Importantly, when working at a practitioner level it is vital to develop your intuitive ability, to be guided by the healing energy for the higher good of those you perform a healing upon.

Throughout this course you have the opportunity to immerse yourself in the energy that is Reiki: its intelligence, its gentleness, its guidance and support. You may develop greater personal insight and a greater sense of respect or reverence for the healing ability that you are developing within yourself. After completing this course there is an important opportunity to make Reiki part of your daily life, which will greatly enhance your capacity as a healer as you develop a relationship with this energy. This is where personal development and becoming a healer can go hand-in-hand. This is a principle which I have been committed to and continue to be. Therefore, through my respect for what you are trying to achieve in your journey, I make myself available to discuss any queries or concerns that you may have in the future.

I wish you well on the next stage of your Reiki journey.



With Love and Light

Andrew Quinn

Reiki Master – Healer & Teacher

Course Schedule

Day One

- Welcome and introductions
- Sharing experiences since Reiki I
- Exploring the Reiki II manual
- Learning to heal intuitively as a practitioner
- Your first Level II attunement
- Break
- Reiki symbols – introduction
- Drawing the Reiki symbols
- How to work with the Reiki symbols
- Break
- Creating a sacred space for healing
- Introduction to absent healings and practical

Day Two

- Discussion of experiences so far
- Your second Level II attunement
- Absent healing practical
- Break
- Chakras and chakra balancing
- Practical aspects of setting up a healing
- Break
- Giving a Reiki healing to each other
- Continuing your Reiki journey